



## HERBAL DISPENSARY (BLENDS)

<b>1</b>	Acute Stress	Skullcap, Valerian, Kava
<b>2</b>	Anxiety Formula II	Holy Basil, Ashwaganda, Lemon balm, Valerian, Passionflower
<b>3</b>	Bliss	Lemon Balm, St. John's Wort, Rosemary
<b>4</b>	Cold/Flu Infection	Echinacea, Goldenseal, Andrographis, Elderberry, Eyebright, Ginger ( Can not be taken during pregnancy )
<b>5</b>	Detox Support	Milk Thistle, Oregon Grape, Dandelion Root, Burdock
<b>6</b>	Detox II	Sarsaparilla, Milk Thistle, Dandelion Root, Cleavers, Nettle Leaf, Licorice
<b>7</b>	Energy	Panax Ginseng, Rhodiola, Siberian Ginseng, Gotu Kola, Codonopsis
<b>8</b>	Focus	Bacopa, Gotu Kola, Rosemary
<b>9</b>	Hormone Balance	Chaste Tree, Black Cohosh, Licorice
<b>10</b>	Immune & Recovery Tonic	Cedar Leaf, Andrographis, Holy Basil, Poke Root, Echinacea, Goldenseal, Lomatium, Osha, Wild Indigo
<b>11</b>	Immune + Recovery Tonic	Cedar Leaf, Andrographis, Holy Basil, Poke Root, Echinacea, Goldenseal, Lomatium, Osha, Wild Indigo
<b>12</b>	Immune Support	Astragalus, Siberian Ginseng, Ashwaghandanda
<b>13</b>	Insomnia	Jamaican Dogwood, Passionflower, Hops, Valerian, Skullcap ( Can not be used during pregnancy )
<b>14</b>	Insomnia Formula II	Jamaican Dogwood, Passionflower, Hops,

<b>1</b>	Acute Stress	Skullcap, Valerian, Kava
		Valerian, Skullcap, Passionflower, Valerian, Motherwort
<b>15</b>	Love Potion	Damiana, Hawthorne Berry, Licorice, Schisandra, Tribulus
<b>16</b>	Lyme Defense	Japanese Knotweed, Andrographis, Cat's Claw, Red Root, Cryptolepis, Goldenseal
<b>17</b>	Lyme Defense II	Isatis, Kudzu, Houttuynia, Skullcap, Olive Leaf
<b>18</b>	Mood	St. John's Wort, Schisandra, Valerian, Oatstraw, Licorice
<b>19</b>	PMS	Blue Cohosh, Chaste Tree, Dandelion Leaf, Skullcap, Schisandra
<b>20</b>	SIBO	Goldenseal, Myrrh, Thyme
<b>21</b>	Stress Release	Ashwaganda, Rhodiola, Bacopa, Licorice
<b>22</b>	Stress Release II	Lemon Balm, Holy Basil, Skullcap, Oatstraw, Licorice
<b>23</b>	Sleep Well	Ashwaganda, Chamomile, Valerian, Passionflower
<b>24</b>	Throat Tonic	Echinacea, Myrrh, Goldenseal Poke Root, Calendula, Licorice