

HERBAL DISPENSARY

Latin Name	Common Name
Achillea millefolium 1:4	Yarrow 1:4
Achillea millefolium 1:5	Yarrow 1:5
Acorus calamus 1:5	Calamus Root 1:5
Actea racemosa, Cimicifuga 1:5	Black Cohosh 1:5
Aesculus hippocastanum 1:4	Horsechestnut 1:4
Ailanthus altissima 1:4	Tree of Heaven 1:4
Albizia julibrissin 1:5	Persian Silk Tree 1:5
Alchemilla vulgaris 1:2	Lady's Mantle 1:2
Alchornea cordifolia 1:4	Alchornea 1:4
Allium sativum 1:4	Garlic 1:4
Althea officinalis 1:2	Marshmallow Root 1:2
Althea officinalis 1:4	Marshmallow Root 1:4
Althea officinalis 1:5	Marshmallow Root 1:5
Andrographis paniculata 1:2	Andrographis 1:2
Andrographis paniculata 1:5	Andrographis 1:5
Angelica archangelica 1:4	Angelica Root 1:4
Angelica archangelica 1:5	Angelica Root 1:5
Angelica sinensis 1:5	Dong Quai 1:5
Arctium lappa 1:4	Burdock 1:4
Arctostaphylos uva-ursi 1:5	Bearberry/Uva ursi 1:5
Artemisia absinthum 1:5	Wormwood 1:5
Artemisia annua 1:4	Sweet Wormwood 1:4
Artemisia annua 1:5	Sweet Wormwood 1:5
Artemisia vulgaris 1:5	Mugwort 1:5
Astragalus membranaceus 1:4	Astragalus 1:4
Avena sativa 1:2	Milky Oat Tops 1:2
Avena sativa 1:4	Oatstraw 1:4
Avena sativa 1:5	Oatstraw 1:5

Azadirachta indica 1:4	Neem Leaf 1:4
Bacopa monnieri 1:4	Brahmi 1:4
Baptisia tinctoria 1:2	Wild Indigo Root 1:2
Baptisia tinctoria 1:5	Wild Indigo Root 1:5
Barosma betulina 1:4	Buchu 1:4
Berberis vulgaris 1:4	Barberry 1:4
Berberis vulgaris 1:5	Barberry 1:5
Bidens pilosa 1:4	Spanish Needles 1:4
Boswellia serata resin 1:4	Frankincense Resin 1:4
Boswellia serata resin 1:5	Frankincense Resin 1:5
Calendula officinalis 1:5	Marigold 1:5
Canadian Bitters 1:5	Canadian Bitters 1:5
Capsella bursa-pastoris 1:5	Sheppard's Purse 1:5
Capsicum annum 1:5	Cayenne Pepper 1:5
Carum carvi 1:5	Caraway 1:5
Caulophyllum thalictroides 1:4	Blue Cohosh 1:4
Caulophyllum thalictroides 1:5	Blue Cohosh 1:5
Ceanothus americanus 1:4	Red Root 1:4
Centella asiatica 1:2	Gotu Kola 1:2
Centella asiatica 1:4	Gotu Kola 1:4
Centella asiatica 1:5	Gotu Kola 1:5
Chelidonium majus 1:4	Greater Celendine 1:4
Cinchona officinalis 1:4	China Bark 1:4
Cistus incanus 1:4	Rock Rose 1:4
Citrus sinensis 1:5	Orange Peel 1:5
Codonopsis pilosula 1:4	Codonopsis 1:4
Commiphora myrrha 1:2	Myrrh 1:2
Coptis chinensis 1:5	Chinese Goldthread 1:5
Cordyceps militaris 1:5	Cordyceps 1:5
Crataegus oxyacanthus berry 1:4	Hawthorn Berry 1:4
Crataegus oxyacanthus berry 1:5	Hawthorn Berry 1:5
Cryptolepis sanguinolenta 1:2	Cryptolepis Root 1:2
Curcuma longa 1:5	Turmeric 1:5
Cynara scolymus 1:2	Globe Artichoke Leaf 1:2
Cynara scolymus 1:4	Globe Artichoke Leaf 1:4
Desmodium molliculum 1:4	Burbur 1:4
Dioscorea villosa 1:5	Wild Yam 1:5
Dipsacus sylvestris 1:4	Teasel Root 1:4

Dipsacus sylvestris 1:5	Teasel Root 1:5
Echinacea purpureum + ang 1:2	Purple Cone Flower Combo 1:2
Eleutherococcus senticosus 1:2	Ginseng Siberian 1:2
Equisetum arvense 1:5	Horsetail 1:5
Eriodictyon californicum 1:4	Yerba santa 1:4
Eschscholzia californica 1:4	California Poppy 1:4
Eupatorium perfoliatum 1:4	Boneset 1:4
Eupatorium purpureum 1:4	Gravel Root 1:4
Euphrasia officinalis 1:4	Eyebright 1:4
Filipendula ulmaria 1:4	Meadowsweet 1:4
Foeniculum vulgare 1:4	Fennel 1:4
Fucus vesiculosus 1:4	Bladderwrack 1:4
Galium aparine 1:5	Cleavers 1:5
Ganoderma lucidum 1:4	Reishi 1:4
Ganoderma lucidum 1:5	Reishi 1:5
Gentiana lutea 1:4	Gentian 1:4
Ginkgo biloba 1:2	Ginkgo 1:2
Glycyrrhiza glabra 1:1	Licorice 1:1
Glycyrrhiza glabra 1:2	Licorice 1:2
Glycyrrhiza glabra 1:5	Licorice 1:5
Hamamelis virginiana 1:5	Witch Hazel Leaf 1:5
Harpagophytum procumbens 1:4	Devil's Claw 1:4
Hericium erinaceus 1:5	Lion's Mane 1:5
Houttuynia cordata 1:5	Houttuynia 1:5
Humulus lupulus 1:4	Hops 1:4
Humulus lupulus 1:5	Hops 1:5
Hydrastis canadensis 1:5	Goldenseal 1:5
Hypericum perforatum 1:2	St. John's Wort 1:2
Hyssopus officinalis 1:5	Hyssop 1:5
Inonotus obliquus 1:4	Chaga Mushroom 1:4
Inonotus obliquus 1:5	Chaga Mushroom 1:5
Inula helenium 1:2	Elecampane 1:2
Inula helenium 1:4	Elecampane 1:4
Iris versicolor 1:4	Blue Flag 1:4
Isatis indigotica 1:5	Isatis 1:5
Juglans nigra 1:4	Black Walnut 1:4
Juglans nigra 1:5	Black Walnut 1:5
Juniperus communis 1:5	Juniper 1:5

Lavendula officinalis 1:4	Lavender 1:4
Leonurus cardiaca 1:5	Motherwort 1:5
Lepidium mayenii 1:5	Maca Root 1:5
Ligusticum porteri 1:5	Osha 1:5
Lippia graveolens 1:5	Oregano 1:5
Lobelia inflata 1:4	Lobelia 1:4
Lomatium dissectum 1:4	Lomatium 1:4
Lomatium dissectum 1:5	Lomatium 1:5
Lycopus virginicus 1:5	Bugleweed 1:5
Mahonia/ Berberis aquafolium 1:2	Oregon Grape 1:2
Marrubium vulgare 1:2	Horehound 1:2
Matricaria chamomilla 1:2	Chamomile 1:2
Medicago sativa 1:5	Alfalfa 1:5
Melissa officinalis 1:2	Lemon Balm 1:2
Melissa officinalis 1:5	Lemon Balm 1:5
Mentha piperita 1:5	Peppermint 1:5
Mentha spicata 1:5	Spearmint 1:5
Mimosa pudica 1:5	Mimosa 1:5
Mitchella repens 1:5	Partridge Berry 1:5
Nepeta cataria 1:5	Catnip 1:5
Ocimum gratissum 1:2	Holy Basil-Vana 1:2
Ocimum sanctum 1:2	Holy Basil-Rama 1:2
Ocimum tenuiflorum 1:5	Holy Basil-Krishna 1:5
Olea europea 1:5	Olive Leaf 1:5
Paeonia alba 1:5	White Peony 1:5
Panax ginseng 1:5	Ginseng Red 1:5
Panax quinquefolius 1:5	Ginseng American 1:5
Passiflora incarnata 1:2	Passionflower 1:2
Passiflora incarnata 1:5	Passionflower 1:5
Petasites hybridus 1:4	Butterbur 1:4
Petroselinum sativum 1:4	Parsley Root 1:4
Petroselinum sativum 1:5	Parsley Root 1:5
Peumus boldus 1:4	Boldo 1:4
Phyllanthus niruri 1:4	Chanca piedra 1:4
Phytolacca americana 1:5	Pokeroot 1:5
Pimpinella anisum 1:4	Anise Seeds 1:4
Pimpinella anisum 1:5	Anise Seeds 1:5
Piper methysticum 1:2	Kava Kava 1:2

<i>Piscidia piscipula</i> 1:4	Jamaican Dogwood 1:4
<i>Plantago lanceolata</i> 1:4	Plantain 1:4
<i>Polygonum cuspidatum</i> 1:5	Japanese Knotweed 1:5
<i>Polygonum multiflorum</i> 1:4	Fo-Ti 1:4
<i>Pueraria lobata</i> 1:5	Kudzu 1:5
<i>Quercus alba</i> 1:4	Oak Bark 1:4
<i>Rhamnus frangulus</i> 1:4	Buckthorn Alder 1:4
<i>Rhodiola rosea</i> 1:2	Rhodiola 1:2
<i>Rhodiola rosea</i> 1:4	Rhodiola 1:4
<i>Rosa canina</i> 1:5	Rosehips 1:5
<i>Rosmarinus officinalis</i> 1:5	Rosemary 1:5
<i>Rubus idaeus</i> 1:5	Red Raspberry 1:5
<i>Rumex crispus</i> 1:2	Yellow Dock 1:2
<i>Ruscus aculeatus</i> 1:5	Butcher's Broom 1:5
<i>Salix nigra</i> 1:4	Willow Black 1:4
<i>Salvia miltiorrhiza</i> 1:2	Red Sage 1:2
<i>Salvia miltiorrhiza</i> 1:5	Red Sage 1:5
<i>Salvia officinalis</i> 1:4	Sage 1:4
<i>Salvia officinalis</i> 1:5	Sage 1:5
<i>Sambucus nigra</i> flora 1:4	Elder Flower 1:4
<i>Sambucus nigra</i> frutescens 1:2	Elderberry 1:2
<i>Sambucus nigra</i> frutescens 1:4	Elderberry 1:4
<i>Sambucus nigra</i> frutescens 1:5	Elderberry 1:5
<i>Schisandra chinensis</i> 1:2	Schisandra Berry 1:2
<i>Scutellaria baicalensis</i> 1:2	Baikal Skullcap 1:2
<i>Scutellaria lateriflora</i> 1:5	Skullcap 1:5
<i>Serenoa repens</i> 1:5	Saw Palmetto 1:5
<i>Sida acuta</i> 1:5	Common Wireweed 1:5
<i>Silybum marianum</i> semen 1:2	Milk Thistle Seed 1:2
<i>Smilax officinalis</i> 1:5	Sarsaparilla 1:5
<i>Solidago canadensis</i> 1:4	Goldenrod 1:4
<i>Solidago canadensis</i> 1:5	Goldenrod 1:5
<i>Sophora flavescens</i> 1:4	Oxymatrine 1:4
<i>Stachys betonica</i> 1:5	Wood Betony 1:5
<i>Stephania tetrandra</i> radix 1:4	Stephania Root 1:4
<i>Stevia rebaudiana</i> 1:4	Stevia 1:4
<i>Stillingia sylvatica</i> 1:4	Queen's Root 1:4
<i>Symphytum officinalis</i> 1:2	Comfrey Leaf 1:2

Syzygium aromaticum 1:4	Clove 1:4
Tabebuia impetiginosa 1:3	Pau D'arco 1:3
Tabebuia impetiginosa 1:5	Pau D'arco 1:5
Tanacetum parthenium 1:5	Feverfew 1:5
Taraxacum officinalis folia 1:5	Dandelion Leaf 1:5
Taraxacum officinalis radix 1:2	Dandelion Root 1:2
Thuja occidentalis 1:5	Cedar/Thuja 1:5
Thymus vulgaris 1:5	Thyme 1:5
Trametes versicolor 1:5	Turkey Tail 1:5
Tribulus terrestris 1:2	Puncture Vine 1:2
Tribulus terrestris 1:5	Puncture Vine 1:5
Trifolium pratense 1:4	Red Clover 1:4
Trigonella foenum graecum 1:5	Fenugreek 1:5
Turnera diffusa 1:5	Damiana 1:5
Tussilago farfara 1:4	Colt's Foot 1:4
Uncaria rhynchophylla 1:5	Gou Teng 1:5
Uncaria tomentosa 1:2	Cat's Claw/Samento 1:2
Urtica dioica folia 1:2	Nettle Leaf 1:2
Urtica dioica folia 1:5	Nettle Leaf 1:5
Urtica dioica radix 1:5	Nettle Root 1:5
Usnea barbata 1:2	Old Man's Beard 1:2
Usnea barbata 1:5	Old Man's Beard 1:5
Valeriana officinalis 1:2	Valerian 1:2
Verbascum thapsus 1:5	Mullein 1:5
Verbena hastata 1:4	Blue Vervain 1:4
Viburnum opulus 1:5	Cramp Bark 1:5
Vitex agnus-castus 1:2	Chaste Tree 1:2
Withania somnifera 1:2	Ashwagandha 1:2
Withania somnifera 2:1	Ashwagandha 2:1
Xanthoxylum americanum 1:4	Prickly Ash 1:4
Zea mays 1:5	Cornsilk/Zea mays 1:5
Zingiber officinalis 1:1	Ginger 1:1
Zingiber officinalis 1:5	Ginger 1:5