

Dr Jessa Shames

Naturopathic Doctor

Areas of Clinical Focus:

- **Complex Chronic Disease:** Myalgic Encephalitis, Chronic Fatigue Syndrome, Fibromyalgia, Central Sensitization, Complex Regional Pain Syndrome, and Chronic Inflammatory Response Syndrome (CIRS).
- Lyme Disease
- Cancer
- Post-viral Syndrome
- Mold Toxin Illness
- Autoimmune Disease

FREE

15-MINUTE "MEET & GREET"

An opportunity to meet Dr Shames and inquire about her services or naturopathic medicine in general.

No treatments will be prescribed.

Lyme Disease and Complex Chronic Illness

Dr Jessa Shames ND uses science-based therapies, pharmaceuticals, and oral supplementation with powerful antioxidants, binders, antimicrobials, probiotics, and herbal extracts alongside Immune Support via Intravenous Nutrient Therapy. According to studies, the South African herb *Cryptolepis* is one of the most potent remedies for treating Lyme Disease. At Euphoria, we carry a large selection of natural herbal tinctures used in various combinations with professional supplements.



Get in touch

106-40147 Glenalder Place

Squamish BC V8B 0G2

P: 604 · 390 · 4455 F: 604.390.4456

info@euphorianaturalhealth.com

www.euphorianaturalhealth.com



@euphorianaturalhealth

Clinic Hours:

Monday-Friday 10am-6pm

Saturday 11am-4pm

FEEL BETTER • FASTER • NATURALLY



euphoria
NATURAL HEALTH

**SQUAMISH'S INTEGRATIVE
CLINIC & SUPPLEMENTS STORE**



Dr Jessa Shames
Naturopathic Doctor

EUPHORIANATURALHEALTH.COM

About Dr Shames

Dr Jessa Shames works with patients to help clarify, understand and manage complex chronic diseases. During an appointment with Dr. Shames, she will conduct a thorough health history, which may include an overview of all previous labs, physical exams and screening for underlying causes of the patient's conditions. From there, she will discuss the patient's specific goals for treatment and work together to establish a treatment plan. She uses a combination of nutritional supplements, herbs, pharmaceuticals, and lifestyle counselling to develop a personalized treatment plan. This plan may include ozone therapy (autohemotherapy), IV nutrient therapy, and/or acupuncture to complement a patient's healing journey.

Outside clinical practice, Dr. Shames can be found spending time with family and friends and exploring the vast outdoors. She enjoys skiing, mountain biking, surfing, and local cultural events.

Courses, Certifications & Advanced Training:

- Doctor of Naturopathic Medicine
- Prescription/Pharmacy Licensure
- Complex chronic Diseases
- IV Therapy Certification
- Aesthetic PRP (scalp & face)
- Ozone Therapy Certification
- Microneedling (face)
- Acupuncture



IV Nutrient Therapy

Nutritional IV therapy is an excellent way to get a high dose of vitamins and minerals into your body quickly. Each formula is compounded based on your individual needs and health goals. Whether you are looking to support your immune system, calm your nervous system, heal from a chronic condition or recover from an injury, IV therapy offers a supportive boost.

Hair loss and Facial Skin Rejuvenation

Platelet-rich plasma (PRP) is a regenerative treatment used to accelerate healing in certain areas of the body. PRP has been greatly used to promote hair growth, both men and women. It is also an effective treatment for facial rejuvenation to improve facial complexion, texture and lost facial volume. Also known as Vampire Facelift.

FEEL BETTER • FASTER • NATURALLY

What Is Ozone IV Therapy?

Dr Shames enjoys using Ozone for treatment of complex chronic illness, breathing disorders, diabetes, and immune disorders by stimulating the immune system. Ozone has powerful anti-bacterial, anti-viral, anti-fungal properties, as well as the ability to neutralize toxins, boost the immune system and increase delivery of oxygen to all tissues. It is administered directly to the tissue through therapies such as prolozone, intravenously (IV) or intramuscularly (IM).

Ozone therapy supports many of the body's basic functions. Ozone also increases the efficiency of the body's own antioxidant system, helping to eliminate excess free radicals, which are known to be the cause of many degenerative diseases.

Ozone therapy has been used to treat many conditions:

- Chronic fatigue
- Circulatory disorder
- Macular degeneration
- Chronic bladder conditions
- Heart disease
- Wounds
- Cancer
- Autoimmune disorders
- Upper respiratory infections
- Influenza
- Hepatitis Epstein-Barr virus Herpes viruses
- Lyme disease

At Euphoria Natural Health, we offer Ozone IV Therapy.