

Dr. Mikaila Brown

Naturopathic Doctor

Clinical Focus:

- Digestive Health
- Mood Support
- Burnout & Fatigue
- Personalized Nutrition
- Metabolic Health
- Health Optimization
- IV Nutrient Therapy



Complimentary 15-MINUTE "MEET & GREET"

An opportunity to meet Dr. Brown & inquire about her services or naturopathic medicine in general.
No treatments will be prescribed.



What is IBS?

Affecting about 1 in 5 Canadians, irritable bowel syndrome (IBS) is a functional digestive disorder characterized by abdominal pain, bloating, diarrhea, and irregular bowel movements. These symptoms can significantly impact one's quality of life and overall well-being. Unfortunately, many individuals with IBS endure years of suffering before receiving a diagnosis, and even then, they often struggle to find long-term solutions. My goal is to streamline this process for you and provide comprehensive support at every stage, enabling you restore your gut health sustainably and enjoy the foods you love again!



Get in touch

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Clinic Hours:

Monday- Friday 10am-6pm

Saturday 10am-4pm

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Dr. Mikaila Brown
Naturopathic Doctor

EUPHORIANATURALHEALTH.COM

About Dr. Brown

My passion for what I do is fuelled by the opportunity to truly get to know you and your unique story. I believe in the interconnectedness of all aspects of health, and your story serves as a foundation for creating a personalized healthcare plan that addresses your specific needs and helps you achieve your individual health goals.

Navigating your health journey alone can be overwhelming and isolating. I am here to provide guidance and support every step of the way, equipping you with the tools and strategies necessary to transform your health sustainably.

I offer evidence-based, natural strategies that incorporate lifestyle and nutritional education, as well as tailored supplementation and herbal medicine, to support common conditions such as IBS, anxiety, burnout, fatigue, and PMS.

Each visit is an opportunity for you to deepen your understanding of your body and discover various ways to support your health and healing on a day-to-day basis.

CERTIFICATIONS & ADVANCED TRAININGS:

- Doctor of Naturopathic Medicine
- Prescriptive Authority
- IV Therapy Certification
- Acupuncture
- 200 hr. Yoga Teacher Training Certificate



IV Nutrient Therapy

Nutritional IV therapy is an excellent way to get a high dose of vitamins and minerals into your body quickly.

When administered intravenously, these nutrients bypass the digestive tract and are immediately available to your cells.

These nutrients activate numerous cellular functions that promote healing and support detoxification, immune function, mood and energy.

Each formula is compounded based on your individual needs and health goals. Whether you are looking to support your immune system, calm your nervous system, heal from a chronic condition or recover from an injury, IV nutrient therapy can offer a supportive boost, alongside your other health strategies.

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Customized Gut Health Program

I've created a personalized 'pay as you go' program designed to guide you through the process of healing your gut and reclaiming your mental and physical well-being. Whether you've been diagnosed with a GI condition like IBS or GERD, are on a waitlist to see a specialist or have never discussed your gut health with a professional - this program is for you. I will meet you where you are at, and ensure that you receive the thorough and comprehensive healthcare you deserve - each step of the way. Please visit our website or call our clinic for details.



Dr. Brown's Philosophy

The term 'doctor' comes from the Latin word 'docere,' which means 'to teach.' As a doctor, I believe that it is my responsibility to educate my patients about their body, their health conditions and available treatment options. I aim to provide my patients with the time and space to get curious about their bodies, to develop the tools and skills to restore and maintain vibrant physical and mental health, and to feel empowered to make health-related decisions that feel right for them.