



## HERBAL DISPENSARY (BLENDS)

<b>1</b>	Anxiety Formula II	Holy Basil Ashwaganda Lemon balm Valerian Passionflower
<b>2</b>	Detox	Milk Thistle Oregon Grape Dandelion Root Burdock
<b>3</b>	Immune	Echinacea Astragalus Goldenseal Siberian Ginseng Ashwaganda
<b>4</b>	Immune + Recovery Tonic	Cedar Leaf Andrographis Holy Basil Poke Root Echinacea Goldenseal Lomatium Osha Wild Indigo
<b>5</b>	Love Potion	Damiana Hawthorne Berry Licorice Schisandra Tribulus

<b>6</b>	Lyme Defense	Japanese Knotweed Andrographis Cat's Claw Red Root Cryptolepis Goldenseal
<b>7</b>	PMS	Blue Cohosh Chaste Tree Dandelion Leaf Skullcap Schisandra
<b>8</b>	SIBO	Goldenseal Myrrh Thyme
<b>9</b>	Stress Release	Ashwaganda Rhodiola Bacopa Licorice
<b>10</b>	Sleep Well	Ashwaganda Chamomile Valerian Passionflower
<b>11</b>	Throat Tonic	Echinacea Myrrh Goldenseal Poke Root Calendula Licorice